



Training event in Guimarães, Portugal

Local arrangements

Authors

Person	Role	Partner	Contribution
Miguel Ferreira	Author	KEEPS	

Distribution

Person	Role	Partner
Rebecca McGuiness	Reviewer	OPF
Lieke Ploeger	Reviewer	KB

Revision History

Version	Status	Author	Date	Changes
0.1	Draft	Miguel Ferreira	2012-08-22	Initial version

Executive summary

This document encompasses information relevant to the organization of the first SCAPE training event to be held in Guimarães, Portugal on 5-7th of December 2012.

The document includes information on how to get to Guimarães, where to stay, where to eat, things to do, etc.

Table of Contents

Executive summary.....	ii
1 Overview of Guimarães.....	1
2 City map	1
3 Location of the training event.....	2
3.1 Rooms available.....	3
3.2 Amenities.....	4
3.3 Contacts.....	4
4 How to get to Guimarães	5
4.1 By plane	5
4.2 By car	5
4.3 By train.....	5
5 Where to stay.....	6
6 Where to eat	6
6.1 Lunch during the event.....	6
6.2 Event dinner.....	7
7 What to visit.....	7
7.1 Historic centre - Unesco.....	7
7.2 The Castle	7
7.3 Palace.....	7
7.4 Praça do Toural.....	8
7.5 Penha mountain.....	8
7.6 Domus municipalis.....	8
7.7 Igreja de S. Pedro	8
8 What to watch.....	8

1 Overview of Guimarães

Guimarães (Portuguese pronunciation: [ɡimɐˈrɐ̃j]) is a northern Portuguese city located in the district of Braga with a population of 52 181 inhabitants, distributed throughout 20 parishes, in an urban area of 23,5 km² with a population density of 2 223,9/km².

It is an historical city that had an important role in the formation of Portugal and it was settled in the 9th century, at which time it was called Vimaranes. This denomination might have had its origin in the warrior Vímara Peres, when he chose this area as the main government seat for the County of Portugal which he conquered for the Kingdom of Galicia.

Guimarães is one of the country's most important historical cities. Its historical center is a UNESCO World Heritage Site, making it one of the largest tourist centers in the region.

The city is often referred to as the "birthplace of the Portuguese nationality" or "the cradle city". This might be because the administrative seat of the County of Portugal was established there by Henry of Burgundy, or that it might also been the birthplace of Afonso I of Portugal, the first Portuguese king or because of the historical role of the city in the Battle of São Mamede (June 24, 1128), which had a tremendous importance in the formation of Portugal and was fought in the vicinity of the city,

However, due to the needs of the Reconquista, the governative center was changed to Coimbra in 1129. The "Vimaranenses" are also called "Conquistadores" (the Conquerors) in relation with the historical heritage of the conquest initiated in Guimarães.

Guimarães, jointly with Maribor, is the European Capital of Culture in 2012.



Figure 1 – Over view of the city main square.

2 City map

To get a proper city map, go to one of the many Tourist Information Centres available in the city centre and ask for a city map. The hotels should also be able to provide free maps to their guests.



http://geracaodevanguarda.com/images/mapa_guimaraes_1.jpg

3 Location of the training event

The SCAPE training event will be held at the **Archaeological Museum of the Martins Sarmiento Society** (Museu Arqueológico Martins Sarmiento).

The Martins Sarmiento Society (Sociedade Martins Sarmiento in Portuguese) is one of the country's oldest institutions dedicated to the study and preservation of archaeological artifacts. The society owns two museums: the Archaeological Museum of the Martins Sarmiento Society, which is known by its prehistory and protohistory collections and also its numismatics and epigraphy collections; and the Castro Culture Museum which is dedicated to the castro culture.

The museum holds important collections on the pre-Roman Castreja culture as well as other archaeological items, sections on ancient sculpture, Latin inscriptions, pre- and proto-historic pieces and coins.



Figure 2 – Main entrance of the Martins Sarmiento Museum.

3.1 Rooms available

The museum has 3 available rooms for the training event.

1. Noble saloon - a large room ideal for plenary sessions - capacity for 60-80 people. Chairs are positioned in parallel rows perpendicular to the main staging area. Tables are available but at the back of the room, so people will have to change places during practical sessions.
2. Library – a room ideal for parallel sessions - capacity for 20 people - various tables available capable of holding up to 6 people.
3. Meeting room – a small meeting room ideal for parallel sessions - capacity for 20 people - a single rectangular table that can easily fit 20 people.



Figure 3 - Noble saloon of the museum.

3.2 Amenities

- There will be a projector in each room.
- Wifi will be available in every meeting room.
- Tables with things to eat, coffee, tea and milk will be available during coffee breaks.

3.3 Contacts

The museum is located right in the centre of the city, close to one of its main squares – **Praça do Toural**.

Address: Rua Paio Galvão – Guimarães - Portugal

Phone: 253-415-969

Fax: 253-415-969

Hours: 9:30-12:00/14:00-17:00

E-mail: sms@msarmento.org

URL: www.csarmento.uminho.pt

Blog: www.pedraformosa.blogspot.com

4 How to get to Guimarães

Guimarães is located in northwestern Portugal, approximately 350km north of the capital, Lisbon, and about 50km from the second largest city, Oporto. In administrative terms, it is a district made up of 68 townships, occupying an area of 242.32 km² and including about 160,000 inhabitants.

Motorways and railways are the most direct means of reaching Guimarães.

4.1 By plane

The nearest airport is Francisco Sá Carneiro International Airport, located in Oporto about 50km from Guimarães.

From the airport you can reach Guimarães in the following ways:

1. Take the shuttle from the Airport to Guimarães. Costs 7.5€ the single trip. Timetables are available at <http://getbus.eu/index.php?seccao=2&lang=en>
2. Taking the Metro to the Campanhã metro/train station in Oporto and then get a suburban train to Guimarães. Train frequency from Oporto's Campanhã station to Guimarães are around 1 train per hour. Schedules are available at <http://www.cp.pt>
3. Take the taxi from the Airport to Guimarães. The trip should cost around 60 € (at night prices are higher). Ask the taxi driver for a budget before getting the ride.

4.2 By car

Using the current network of motorways, Oporto can be reached from Guimarães in 30 minutes via the A7 and A3. Braga is a mere 15 minutes away on the A11 motorway. Taking the A11 and A3 northbound, Vigo, Spain is 90 minutes away, and Lisbon is 3 hours to south, via the A7, A3 and A1 motorways.

Various private bus lines link Guimarães to all major cities in Portugal, with both non-stop and local service.

The nearest airport is Francisco Sá Carneiro International Airport, located in the Oporto suburb of Maia, about 50km from Guimarães. Using the A7 and A3 motorways, the airport can be reached in approximately 35 minutes.

4.3 By train

Guimarães is part of the modern network of trains that link all cities in Portugal. All-stop service between Guimarães and Oporto takes approximately 60 minutes. To see if non-stop service exists between a certain location and Guimarães, check the website of the national railway company (Caminhos de Ferro Portugueses) at <http://www.cp.pt>.

Timetables in PDF are available at:

http://www.cp.pt/StaticFiles/CP/Imagens/PDF/Passageiros/horarios/porto/porto_ermesinde_guimaraes.pdf

5 Where to stay

Being a highly touristic city, Guimarães has plenty of offers in terms of places to stay. All the hotels and hostels presented next can be booked online at www.booking.com. Emailing the hotel directly should also be possible to make reservations.

Table 1 – Where to stay in Guimarães.

Hotel	Stars	Price per night	Notes
Hotel Mestre de Avis	2	40€ - 60€	Very close to the training event location.
Hotel Toural	4	60€ - 90€	Very close to the training event location.
Hotel de Guimarães	4	75€ - 90€	10-15 min walk to the venue. Close to the train station.
Hotel Fundador	3	45€ - 60€	10-15 min walk to the venue. Close to the train station.
Ibis Guimarães	2	40€ - 50€	10-15 min walk to the venue
Pousada de Guimarães, Santa Marinha	5	100€ - 150€	Situated in a 12th century Augustin Convent, the Pousada Santa Marinha overlooks Guimarães. Taxi or bus must be taken to get to the training event location.

Table 2 - Budget hotels.

Budget hotels	Stars	Price range	Notes
TmHostel 2		12€ - 16€	Budget hostel. For students, really! 5-10 min walk to the venue.
Pousada da Juventude		11€ - 60€	Budget hostel. For students, really! 5-10 min walk to the venue.
Hostel Vimaranes		15€ - 40€	Budget hostel. For students, really! 5-10 min walk to the venue.

6 Where to eat

As the training event will be held right at the centre of the city, there are plenty of restaurants nearby (1-5 minutes away).

6.1 Lunch during the event

During the training event, lunch will have a fixed place and price and should be around 10-15 euros per lunch, per person.

Table 3 – Nice places to eat.

Restaurant	Price range	Notes
Oriental	10€ -15€	Traditional Portuguese cuisine. This is where we will probably have lunches. http://www.restaurantecafeoriental.com
Histórico	15€-20€	Traditional Portuguese cuisine. This is where we will probably have the event dinner. http://www.papaboa.pt/content/historico
Cheers	15€ - 25€	Modern cuisine inspired by traditional roots.
Templo da Gula	15€ -25€	Modern cuisine inspired by traditional roots. My personal favourite.
Cervejaria Guimaraes	10€ - 15€	Traditional brewery in the city centre. Traditional Portuguese food.
Restaurante Cor de Tangerina	12€ - 20€	Best vegetarian place in the city
Cantar Vitorias	15€ - 20€	Traditional Portuguese food
MIKISUSHI	30€ - 40€	Japanese & Fusion

There are, of course, lots of more great options. You are free to discover them yourself.

6.2 Event dinner

For the event dinner, people can expect something around 20-25 euros. Before I look for a place I really need to know how many people will attend. I will try to get some kind of entertainment (if its not too expensive). I was thinking about a Fado session late in the evening right in the restaurant.

7 What to visit

7.1 Historic centre - Unesco

The historic centre is classified by Unesco as World Heritage site. This comprises the Praça de Santiago, a most important square on the city's history, as well as street D. Maria (which connects the castle and palace with the city centre and the mentioned square). Also, the square of Toural is included on the classified zone.

Along the streets and squares of city historic centre you may admire medieval houses and some other manor houses and palaces, some of them extremely well-kept.

You should reserve some time for strolling around the city, as it is truly worth it. I can never get enough of the narrow streets and medieval houses of Guimarães. At night city is also very pleasant and illuminated, and if visiting during the weekend you will surely come across lots of locals during their evening walk.

7.2 The Castle

It's a landmark to any Portuguese, since it was the cradle of our nationality.

This small chapel is situated half way between the palace and the castle. It is said that D. Afonso Henriques was baptized here, although it isn't a proved fact. Along the years this chapel was the target of robbery and was later on abandoned.

The castle is opened for visits everyday until 5pm (winter period) and it is free of charge. You may walk "freely" inside and go up the stairs and walk on the walls. The view is awesome, but you should be careful that the path, even though it is large, is not protected on the inner side.

Inside the castle there is the tower, to which you cross through a wooden bridge built between the castle walls and the tower door. You may go inside the tower (entrance fee of 1.5 euro) and go up the stairs all the way to the top. I believe that the view should be breathtaking, but I didn't go up as I visited the castle near the closing time and I had no time to go up. When I approached the tower the keeper was already closing the door and advising people that the castle would close in 15m time.

7.3 Palace

One of my favourites places to visit in Guimarães is Paço Ducal (Palace). It has a funny shape seen from outside and inside it is austere, but I like it a lot. Actually, the palace shape is not traditional for Portuguese standards, the shape of the roof (too steep for our climate, more proper for snow), the long chimneys and the balconies type. It is said that it was built by a French or Normand artist; it was built in the 15th century, although it has suffered refurbishments and changes throughout the centuries.

Inside the palace you may visit several rooms decorated with furniture and other objects (paintings, tapestry and china) from the 17th and 18th centuries, some of them notoriously influenced by the

Portuguese overseas conquests. There are balconies and inner cloisters both on the lower level and the upper level. On the case of the upper level, there is gothic chapel accessible through the balcony. I found it beautiful as it is mainly build with wood inside – benches, altarpiece and the walls are also covered in wood. The stained glass above the altarpiece is beautiful.

The palace is open for visitors between 10am and 6pm (last admission 5.30pm), the entrance is 5 Euro (August 2011); free of charge every Sunday until 2pm. Inside, no photos are allowed, only on the outside (cloisters and chapel).

7.4 Praça do Toural

Praça do Toural is a beautiful square with distinctive houses and S. Pedro church.

The square itself is very nice as it has trees, flowerbeds and benches surrounding a huge fountain – named the artistic fountain. But what struck me the most on the square was the graphic pattern on the ground made in “calçada” (cobble stone), a Portuguese local custom and tradition throughout the country – small blocks of white and dark stone composed in a design (see photo).

Nowadays this square is considered as the “heart” of the city, even though it was situated outside the city’s walls back in the 17th century and it was the spot where the kettle market took place.

7.5 Penha mountain

Penha Mountain is the only mountain in Guimarães, when you can have a wonderful view over the city. You can go there through an elevator, where you can taste a little more of the mountain spirit, and at the same time get different views of the city.

7.6 Domus municipalis

A building with arches between Oliveira and Santiago squares, in the historic center, is what remains of the old City Hall, started in the 14th century.

Nowadays it is a museum dedicated to naif painting.

7.7 Igreja de S. Pedro

This nice church is situated on the square of Toural, the so-called “heart” of Guimarães.

This church went through several phases as it wasn’t built all at once and it still isn’t finished. It all started in 1737 when it was ordered the construction of a plain and simple church by the houses of brotherhood of S. Pedro. In 1881 it was decided to finish the church and the houses of the brotherhood were demolished so that there was enough room for the Basilica. The construction works ended in the beginning of the 20th century but the church is not finished yet.

8 What to watch

Because of the European Capital of Culture Guimarães now offers a wide range of things to watch and see. The agenda of events is being updated everyday, so the best way to see what will be playing in December is to visit the online agenda at <http://www.guimaraes2012.pt/index.php?cat=191>